

CURRICULUM VITAE

RITA NEMR, M.D.

PERSONAL DATA

Date and place of birth : 28 June 1968 - Beirut - Lebanon.
Marital status : Married
Languages: Fluent in Arabic, French and English.

ADRESS

Home : Achrafieh- Sassine Street-
Beirut- Lebanon
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EMPLOYMENT

1998 – Present : University Medical Center- Rizk Hospital.
2002 – Present: St Joseph Hospital.

PROFESSIONAL MEMBERSHIP

Past President of the Lebanese Society of Endocrinology (2010-2012).
Member of the American Endocrine Society
Member of the American Diabetes Association.
Member of the European Society of Endocrinology.
Member of the Editorial Board of the *The International Journal of Clinical Practice*.

EDUCATION

<i>Fellowship</i> 1995-1997	Hopital Pitie-Salpetriere Paris – France Department of Endocrinology and Metabolism with special training in Lipidology
<i>Residency</i> 1992-1995	Hotel-Dieu Hospital Department of Endocrinology
<i>Medical School</i> 1985 -1992	Saint-Joseph University School of Medicine Beirut – Lebanon Degree received : Medical Doctor (June 1992)
<i>High School</i>	College Notre-Dame de Jamhour Beirut – Lebanon Degree received : Lebanese Baccalaureat part I & II French Baccalaureat

CERTIFICATIONS

Board of Endocrinology	Lebanon – September 1996
Resident Etranger du Collège de Medecine	PARIS – October 1996
University Diploma in Endocrinological Pharmacology	PARIS – September 1996
Thesis on High HDL	PARIS – January 1997
Initiation Seminar in Medical Education	SIFEM – USJ – May 2006

TEACHING ACTIVITIES

Associate Professor of Endocrinology - LAU School of Medicine.
Maitre de conference a la Faculte de Medecine-USJ.
Nursing School – Saint-Joseph University 1993-1995

PUBLICATIONS

1. Ectay A, Andari E, Atallah P, Moufarrege R, **Nemr R**.
Insulin Detemir in Combination with Oral Antidiabetic Drugs Improves Glycemic Control in Persons with Type 2 Diabetes in Near East Countries: Results from the Lebanese Subgroup.
Ethn Dis. **2017** Jan 19 ;27(1) :45-54.
2. Daaboul Y, Korjian S, Khalil L, Nemr R.
Pheochromocytoma Presenting as Partial HELLP Syndrome.
Case Rep Obstet Gynecol. **2015** ;2015 :294326
3. Kohli P, Waters DD, **Nemr R**, Arsenault BJ, Messig M, DeMicco DA, Laskey R, Kastelein JJ
Risk of New-Onset Diabetes and Cardiovascular Risk Reduction From High-Dose Statin Therapy in Pre-Diabetics and Non-Pre-Diabetics : An Analysis From TNT and IDEAL
J Am. Coll. Cardiol **2015** Feb 3; 65(4): 402-404
4. Ghassibe-Sabbagh , Deeb M, Salloum A, Mouzaya F, Haber M, Al-Sarraj Y, Chami Y, Akle Y, Hirbli K, **Nemr R**, Zalloua P et al.
Multivariate-epidemiologic-analysis-of-type-2-diabetes-mellitus-risks-in-the-Lebanese-population.
Diabetol Metab Syndr **2014** 21 ; 6(1) : 89
5. Almawi WY, **Nemr R**, Keleshian SH, Ectay A, Saldanha FL, Aldoseri FA, Racoubian E.
A replication study of 19 GWAS validated type 2 diabetes at risk variants in the Lebanese population.
Diabetes Res Clin Pract **2012** Sept 14
6. **Nemr R**, Al-Busaidi A.S, Sater MS, Ectay A, Saldanha FL, Racoubian E, Keleshian SH, Almawi WY
Lack of replication of common *EXT2* gene variants with susceptibility to type 2 diabetes in Lebanese Arabs
Diabetes Metab **2013** July 18
7. **Nemr R**, Turki A, Ectay A, Al Zaben GS, Daher H, Irani-Hakineh N, Keleshian SH, Almawi WY
Transcription Factor-7-Like 2 gene variants are strongly associated with type 2 diabetes in Lebanese subjects.
Diabetes Res Clin Pract. **2012** Dec;98(3):e23-7
8. Nemr E, Meskawi M, **Nemr R**, Yazigi A.
Undergraduate Medical Education in Lebanon.
Med Teach. Epub **2012** Aug 23.

9. Mtiraoui N, Turki A, **Nemr R**, Echtay A, Izzidi I, Al-Zaben GS, Irani-Hakimeh N, Keleshian SH, Mahjoub T, Almawi WY.
Contribution of common variants of ENPP1, IGF2BP2, KCNJ11, MLXIPL, PPAR?, SLC30A8, and TCF7L2 to the risk of type 2 diabetes in Lebanese and Tunisian Arabs.
Diabetes Metab. **2012 Jun 27** .
10. Ghassibe-Sabbagh M, Platt DE, Youhanna S, Abchee AB, Stewart K, Badro DA, Haber M, Salloum AK, Douaihy B, El Bayeh H, Othman R, Shasha N, Kibbani S, Chammas E, Milane A, **Nemr R**, Kamatani Y, Hager J, Cazier JB, Gauguier D, Zalloua PA; FGENTCARD Consortium.
Genetic and environmental influences on total plasma homocysteine and its role in coronary artery disease risk.
Atherosclerosis. **2012 Feb 28**.
11. **Nemr R**, Echtay A, Eman A. Dashti, Asya S. Al-Busaidi, Sose H.Keleshian, Noha Irani-Hakime, Wassim Y. Almawi
Strong association of common variants in the IGF2BP2 gene with type 2 diabetes in Lebanese Arabs.
Diabetes Res Clin Pract. **2012 Jan 13**
12. **Nemr R**, Almawi AW, Echtay A, Sater MS, Daher HS, Almawi WY
Replication study of common variants in CDKAL1 and CDKN2A/2B genes associated with type 2 diabetes in Lebanese Arab population.
Diabetes Res Clin Pract. **2012 Feb;95(2):e37-40**
13. Ezzidi I, Mtiraoui N, **Nemr R**, Kacem M, Al-Khateeb GM, Mahjoub T, Almawi WY.
Variants Within the Calpain-10 Gene and relationships to Type 2 Diabetes (T2DM) and T2DM-Related Traits among Tunisian Arabs.
Diabetes Metab. **2010 Nov;36(5):357-62**
14. **Nemr R**, Salman RA, Jawad LH, Juma EA, Keleshian SH, Almawi WY.
Differential Contribution of MTHFR C677T Variants to the Risk of Diabetic Nephropathy in Lebanese and Bahraini Arabs.
Clin Chem Lab Med. **2010 Aug;48(8):1091-4**.
15. Stayoussef.M, Benmansour J, Al-Jenaidi FA, **Nemr R**, Mahjoub.T, Almawi WY
Influence of common and specific HLA-DRB1/DQB1 haplotypes on genetic susceptibilities of three distinct Arab populations to type 1 diabetes.
Clin. Vaccine. Immunol. **2009 Jan, 16 (1):136-8**.
16. **Nemr R**, Mallat S, Aftimos G, Halaby G.
Generalized amyloidosis associated with Hashimoto's thyroiditis and hypothyroidism.
J. Med Lib. **1996; 44 (4) : 233-5**.

COMMUNICATIONS

1. Oral Hypoglycemics and Pregnancy – 19th International Annual Congress of the Lebanese Society of Obstetrics & Gynecology – November 21 2015
2. Individual LT4 treatment in different patients subgroups – Bridging Recent Advances in Endocrinology. April 5-6 2013, Istanbul, Turkey
3. Dyslipidemia Update 2013- Cardiometabolic Regional Meeting- March 14-15 2013, Istanbul, Turkey
4. Reaching cholesterol target levels among dyslipidemic patients with metabolic syndrome in the Levant region (Jordan and Lebanon): The CEntralized Pan-Levant Survey on the Undertreatment of Hypercholesterolemia (CEPHEUS), analysis of a subgroup. Akram Echtay, MD1; Ayman A. Zayed, MD, MSc, FACP, FACE2; Rita Nemr, MD3; Jihad Haddad, MD, Ph.D4; Charles Saab, MD. DCRP5; Mohammed A. Arnaout, MD6; for the CEPHEUS Levant Survey Investigators.-
1st American Diabetes Association Middle East Congress- December 4-6, 2012 Dubai, UAE.
5. Amiodarone Induced Thyroid Diseases.
6th Annual Congress of the Lebanese Society of Internal Medicine- April 2011
6. How to Fight the Residual Risk ?
6th Annual Congress of the Lebanese Society of Internal Medicine- April 2011
7. Cardiovascular Safety of the Antidiabetes Drugs
Fourth Middle East Cardiopace. March. Beirut, 09-12 March, 2011
8. Lipotoxicity and Type 2 Diabetes - Diabetes Forum - The Mediterranean Group for the Study of Diabetes MGSD- 26-27 Feb 2011, Byblos, Lebanon
9. Diabetes Mellitus 2010: Update on Oral Treatment
Summer Meeting of the Primary Care Medicine 16-17 October 2010.
10. Lipid Lowering Therapy in Maximizing Cardiovascular Risk Reduction in Diabetic Patient. Third Middle East Cardiopace. March. 2009.
11. Aromatase Inhibitors and LHRH analogs as described by the endocrinologist. Revealing Secrets in Breast Cancer. Lebanese Society of Medical Oncology. August 2007.
12. Syndrome Metabolique: cibler l'hypertension et la dyslipidemie. Deuxiemes journees medico-chirurgicales de langue francaise. March 2007.
13. Combination therapy to reach the goals. Second Middle East Cardiopace. Oct 2005.
14. Prise en charge des dyslipidemies en 04.
Premieres journees medico-chirurgicales de langue francaise. Nov 2004
15. Basics of Lipoprotein Metabolism. Regional Post-Graduate Course Meeting :
Cardiovascular Disease Prevention in General Practice. June 2002.

POSTERS

1. Almawi WY , **Nemr R**, Echtay A, Saldanha F, and Keleshian S.
Association Study of Polymorphism of 15 Diabetes Related LOCI Identified by Genomic Wide Association Scans with Type 2 Diabetes in Lebanese Population.
Poster at the Endocrine Society 95th Annual Meeting- June 2013 – San Francisco
2. Sukkariéh, O., Howard, E., **Nemr, R.**, Nasrallah, M. (March, 2012).The relationship among diabetes self-care, psychological adjustment, social support and glycemic control in the Lebanese population with Type 2 diabetes.[Poster presentation as part of Diabetes UK Professional Conference 2012 and Crucial Conversations in Nursing-Lebanese American University-April 2012].
3. **Nemr R**, Al-Katheer A, Echtay A, and Almawi WY
High prevalence of hypogonadotropic hypogonadism (HH) in type 2 diabetes.
Poster at the Endocrine Society 93th Annual Meeting - June 2011 – Boston
4. **Nemr R**, Echtay A, Ghorayeb S, Racoubian E., and Almawi WY.
Genetic variants of TCF7L2 are strongly associated with increased risk of type 2 diabetes in Lebanese subjects. Poster at the Endocrine Society 92th Annual Meeting - June 2010 – San Diego.

CONGRESS ORGANIZATION

Regional Congresses

1. **11th Pan Arab Congress of Endocrinology.** Jordan may 2013
Member of the Organizing Committee - **23 CME**
2. **10th Pan Arab Congress of Endocrinology, Beirut October 2011**
President of the Congress and Chair of the Scientific Committee – **29 CME.**

Local Congresses

1. **15th Congress of the Lebanese Society of Endocrinology.** June 2012.
President of the Congress and Scientific Committee - **23 CME**
2. **7th Diabetes Day,** November 2011.
President of the Congress and Scientific Committee - **7 CME.**
3. **Lebanese Society of Endocrinology Summer Meeting** June 2011
President of the meeting and Scientific Committee - **8 CME**
4. **6th Diabetes Day,** November 2010
President of the Congress and Organizing Committee - **7 CME**
5. **13th Congress of the Lebanese Society of Endocrinology,** June 2010
Chair of the Scientific Committee - **21 CME**
6. **5th Diabetes Day,** November 2009
Member of the Organizing Committee - **7 CME**
7. **12th Congress of the Lebanese Society of Endocrinology, July 2009**
Co-Chair of the Scientific Committee) - **17 CME**
8. **4th Diabetes Day,** November 2008
Member of the Organizing Committee – **7 CME**

OTHERS

- Lectures for Pharmaceutical Companies: Astra Zeneca, Algorithm, Boehringer, Eli Lilly, MSD, Novartis, Novo Nordisk, Pfizer, Sanofi Aventis, Servier.
- Member of the advisory board for Algorithm, Astra Zeneca, Eli Lilly-Boehringer, Hikma, Novartis, Novo Nordisk, Sanofi.